

Zentangle Instructions

You are to create **5 different** Zentangles.

Examples and samples are given.

Zentangles can be about 4" x 4" in size. Fill in the entire area.

They can be shaded in with pencil, or left black and white.

Have fun with this!!

ZENTANGLE®

BASICS

A Creative Artform where all you need is paper, pencil and pen.

- Learn how to create intricate tangles step-by-step.
- Turn drawings into art designs.
- Creating Zentangles improves focus and develops dexterity.

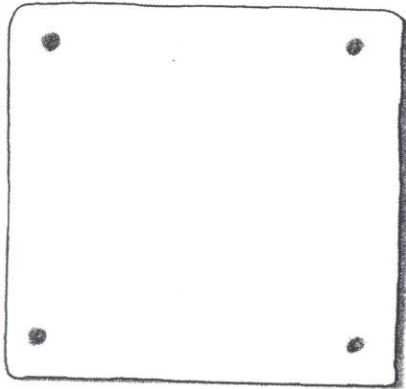


by Suzanne McNeill, CZT

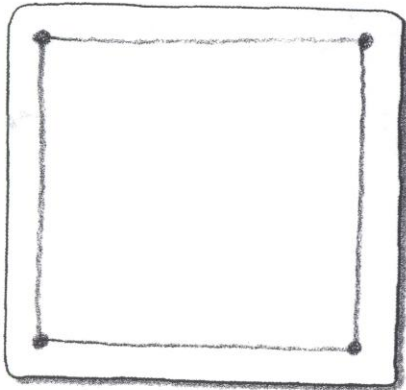
No. 3450



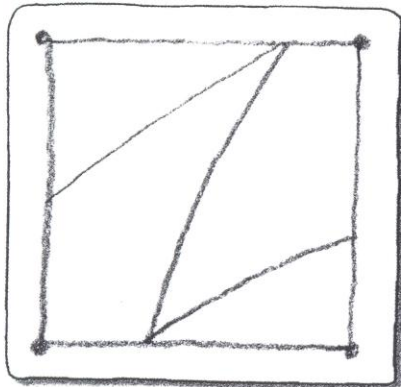
How to Get Started...



1. Use a pencil to make a dot in each corner.



2. Connect the dots.



3. Draw a "string" as a guide line. Try a zigzag, a loop, an 'X' or a swirl.

Traditional Zentangles...

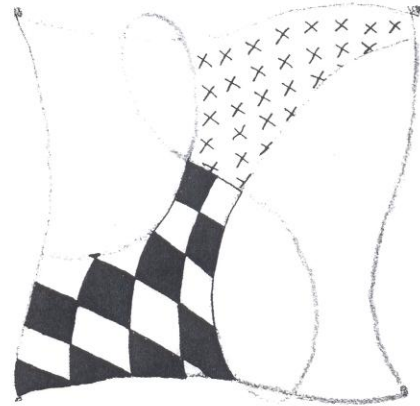
A very simple process is part of every traditional Zentangle.

1. Make a dot in each corner of a paper tile with a pencil. Connect dots to form a basic frame.
2. Draw guideline "strings" with the pencil. The shape can be a zigzag, swirl, X, circle or just about anything that divides the area into sections.

It represents the "golden thread" that connects all the patterns and events that run through life.

The lines will not be erased but become part of the design.

3. Use a black pen to draw Tangle patterns into the sections formed by the "string".
4. Rotate the paper tile as you fill each section with a pattern.



4. Switch to a pen and draw tangle patterns into the sections formed by the "string".

Tips...

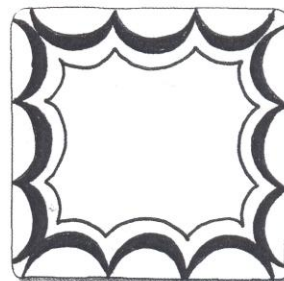
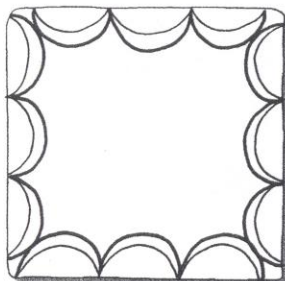
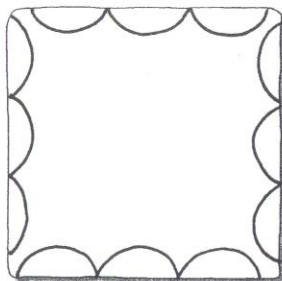
- When you cross a line, change the pattern.
- It is OK to leave some sections blank.

TANGLES

Each Tangle is a unique artistic design and there are hundreds of variations. Start with basic patterns, then create your own.

With Zentangle, no eraser is needed. Just as in life, we cannot erase events and mistakes, instead we must build upon them and make improvements from any event.

Life is a building process. All experiences are included into our learning process and into our life patterns.

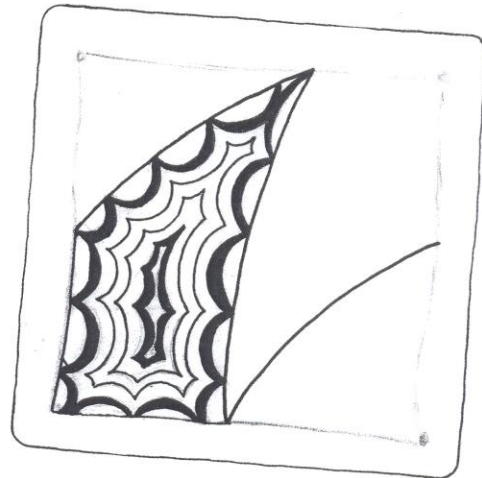


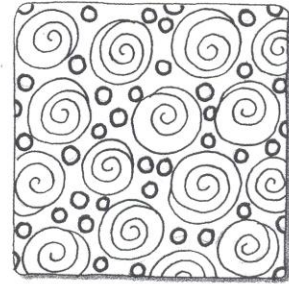
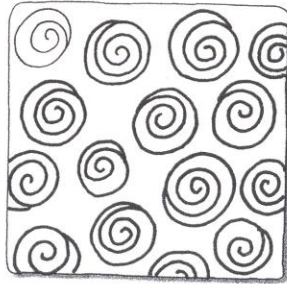
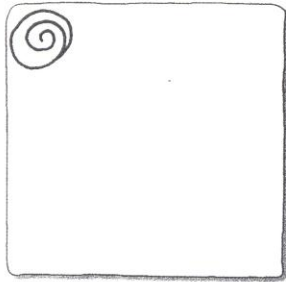
Crescent Moon*

1. Draw curved humps along the inside edges of any section.
2. Draw a curved line on each hump to create arches or moon shapes.

3. Color each moon with black.
4. Draw a continuous curved line inside of the moons.
5. Draw additional curved lines to fill the section.

*original Zentangle design - Variation

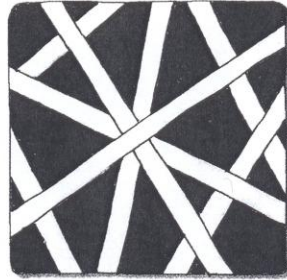
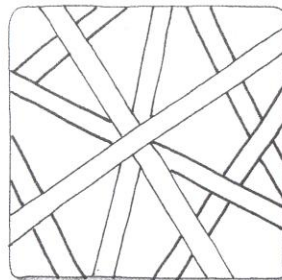
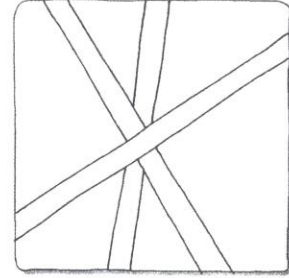
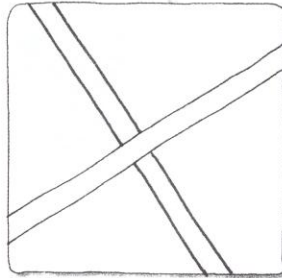
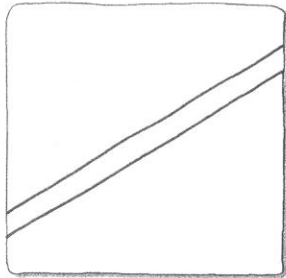




*Printemps**

1. Draw a small spiral, sort of like a cinnamon bun or jelly roll. Start with a small "C" shape then spiral around it and close the end of the spiral.
2. Make more spirals to fill the section.
3. Add small circles to fill spaces in the section.
4. Color the background with black.

*original Zentangle design - Variation



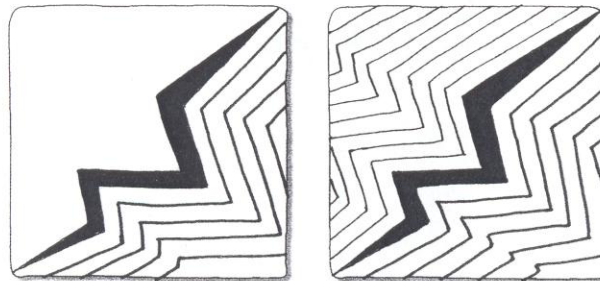
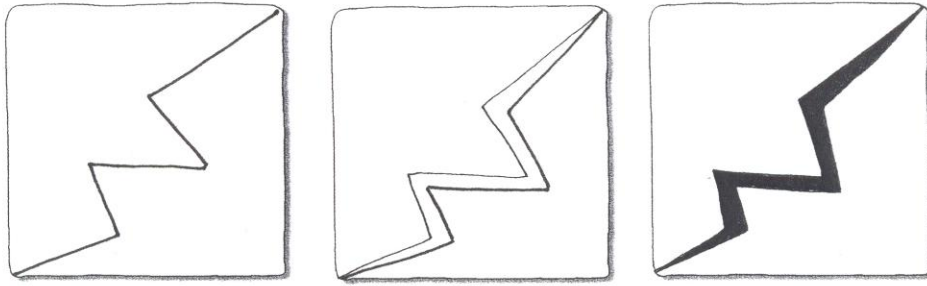
*Hollibaugh**

1. Draw two parallel lines across a section.
2. Rotate the tile then draw another pair of lines letting the shape appear to go "behind" the first one.

3. Rotate the tile again and draw another pair of lines that goes under. Rotate and repeat until the section is filled.

4. Color the background with black if desired.

*original Zentangle design



*Static**

1. Draw a zigzag line from one corner of a section to the other side.
2. Draw a second zigzag line parallel to the first one (let the lines join at the ends).

3. Color the zigzag shape with black.
4. Draw on the right side of the black bolt to add an echoing line (don't let the lines join at the ends). Draw additional zigzag lines to fill the section.
5. Turn the tile and draw on the other side of the black bolt to fill the section.

Tip: If you are left-handed, draw on the left side.

**original Zentangle design - Variation*

Shading Your Zentangle

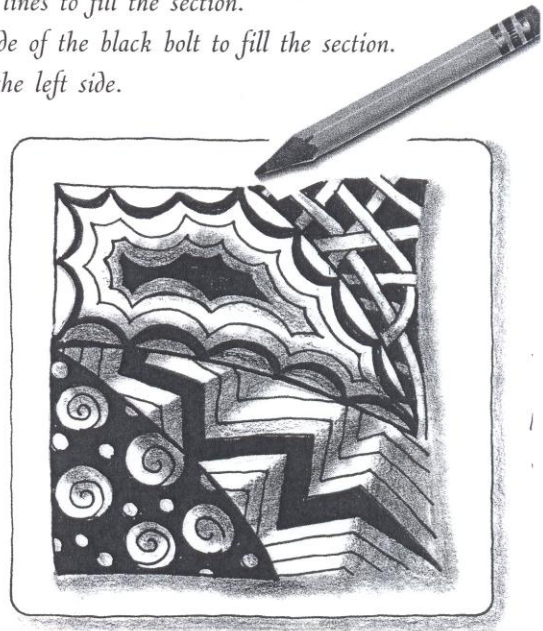
Shading adds a touch of dimension.

1. Use the side of your pencil to gently color areas and details with gray.

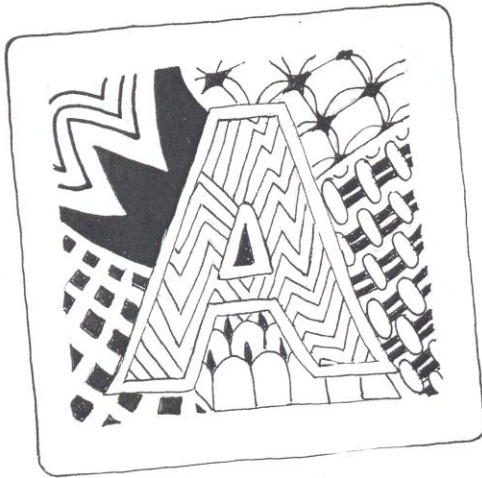
Suggestions of where to add shading...

- In the center of the Moon Walk section
- On one side of each Spiral
- On the right and left of the first set of parallel lines
- On the lower zag of each parallel zigzag line
- Along the edge of some sections to add depth to the sections of the design
- Along the right edge and the bottom of your finished shape, about 1/8" wide, to "raise" it off the page

Note: Use shading sparingly.



Use the pencil to add shading and use a paper stump to rub the pencil to smudge and blend the gray areas.



Alphabet

Draw a block letter, it could be your initial or part of a word. Draw sections within the letter and/or sections around the border. Then add a pattern in each section.

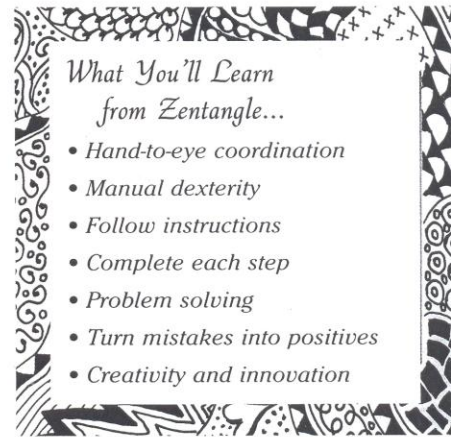
Tip: Spell a word or your name by lining up three or more tiles.



Relate Zentangle to Learning...

Here's a neat trick to increase spelling comprehension. Spell out a word in block letters within a tile. Add letters in a section and fill the section. As you draw, your mind will be recording the sequence of the letters.

Here's a clever way to help memory in math. Draw your addition numbers then add patterns in the background.



Geometry

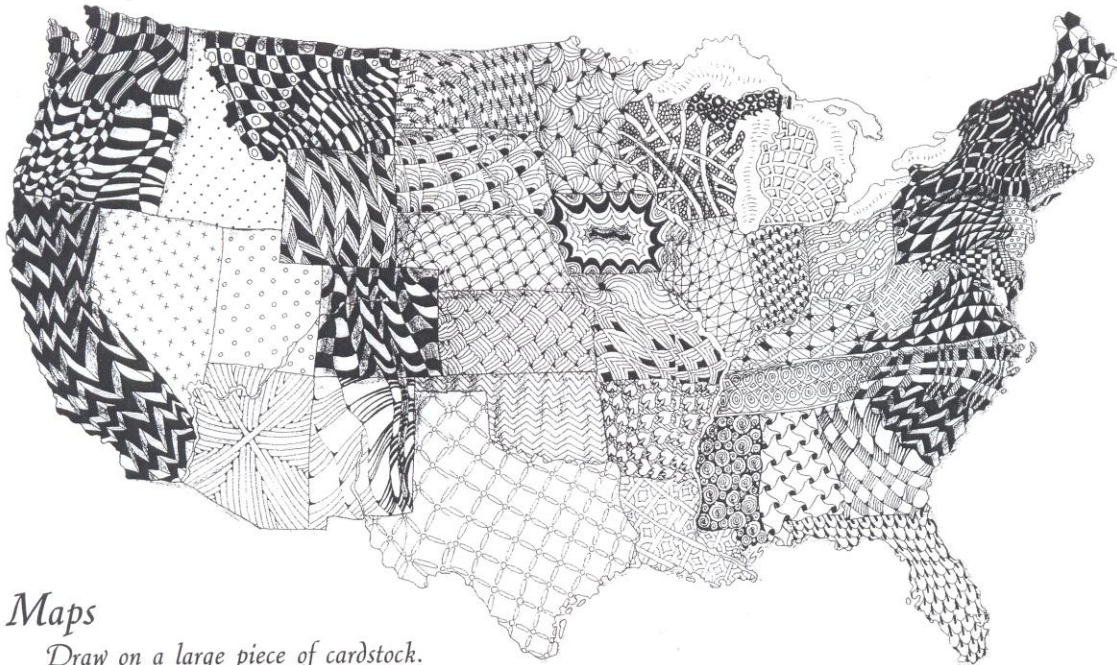
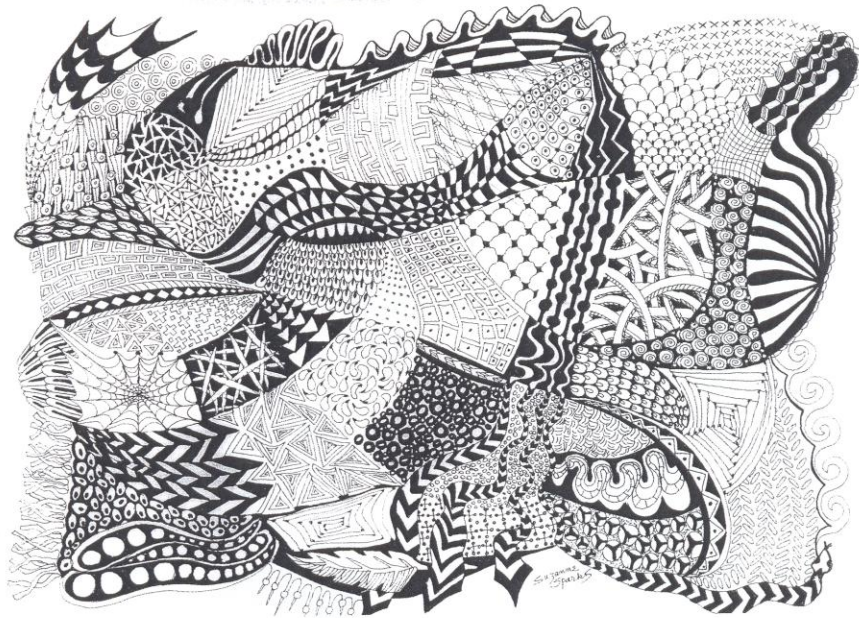
Learn basic shapes in patterns... circle, square, triangle, spiral.



Friendship Tangles

Draw on a large piece of cardstock. Add the "string" and make many sections (at least one for each friend). Ask each person to draw a pattern in a section.

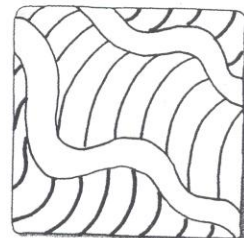
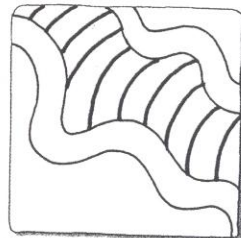
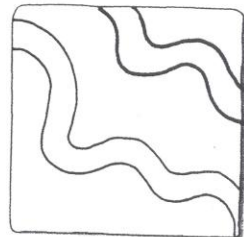
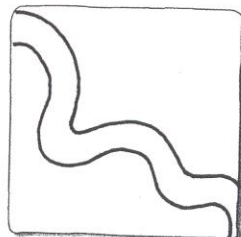
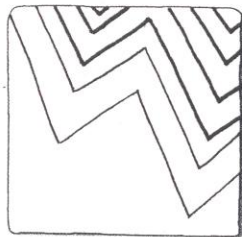
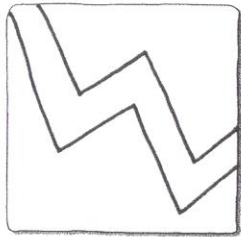
At the end you'll have a wonderful piece of art created by many hands and talents.



Maps

Draw on a large piece of cardstock.

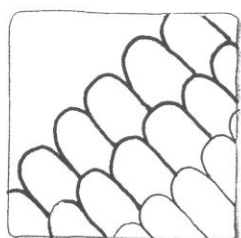
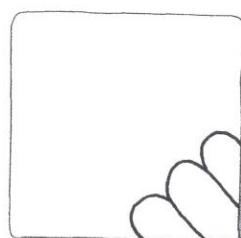
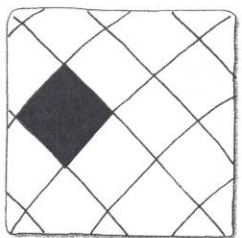
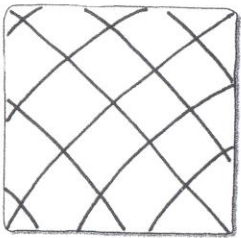
For the string, use an outline of the states. Give each student a copy of the map. Each day fill in a state with a pattern. This fun project helps students memorize the shape and position of states on the map. At the end, every state will be filled.



Chartz Adaptation*

Variation

Waves

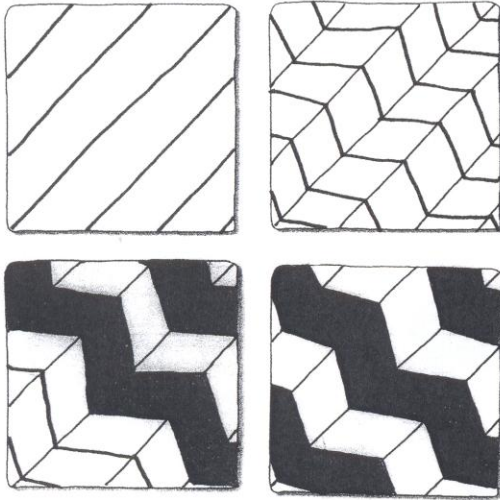


*Knightsbridge**

Variation

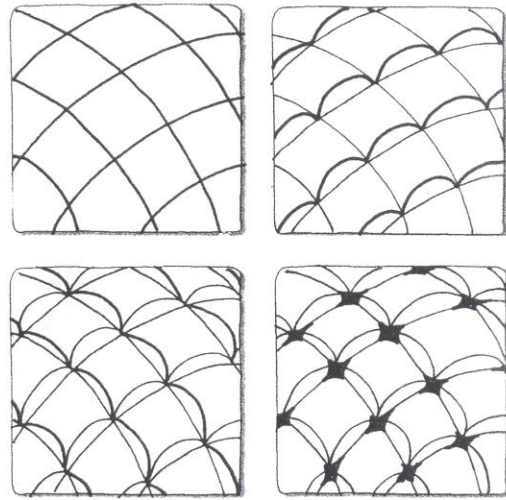
*Jagh**

*original Zentangle design



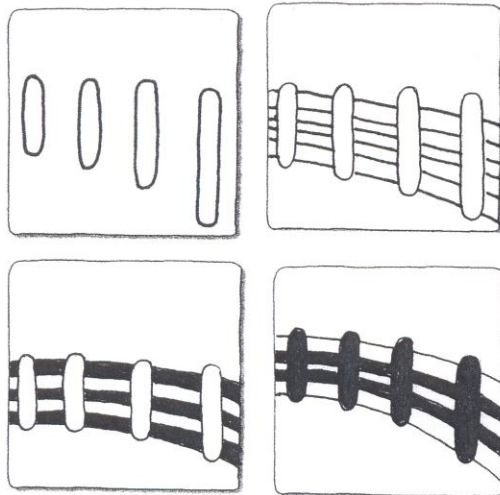
*Jonqal**

*original Zentangle design - Variation



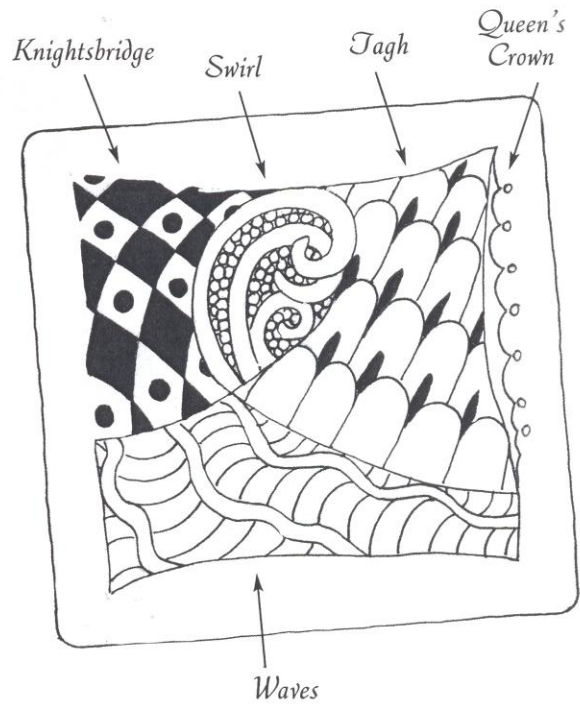
*Chillon**

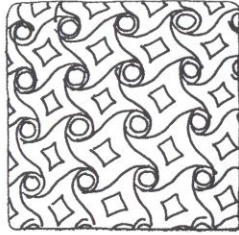
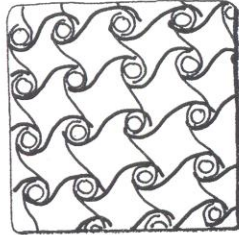
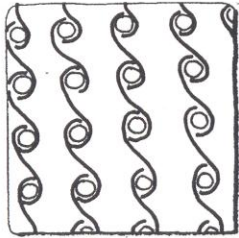
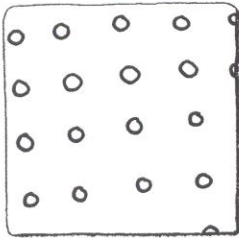
*original Zentangle design - Variation



Fence

Variation

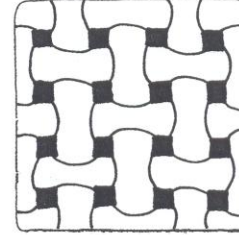
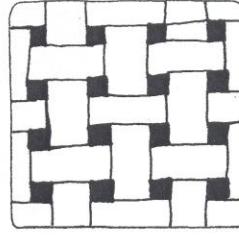
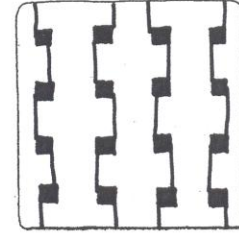
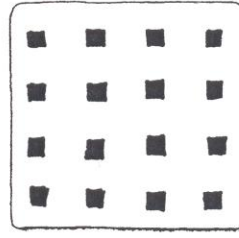




*Cadent**

Variation

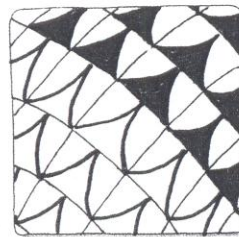
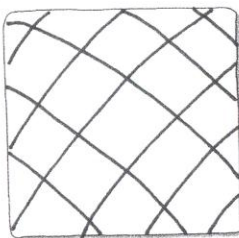
*original Zentangle design - Variation



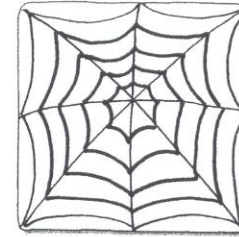
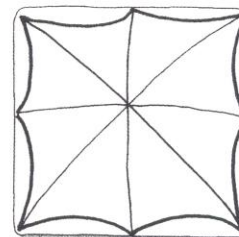
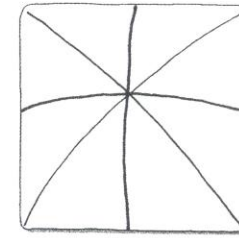
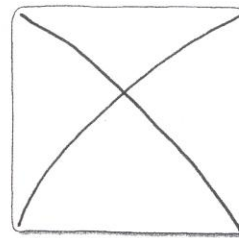
*W2**

Variation

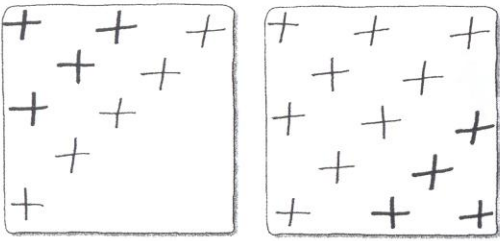
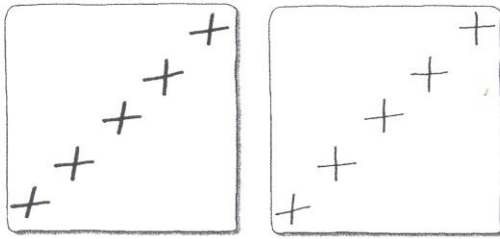
*original Zentangle design



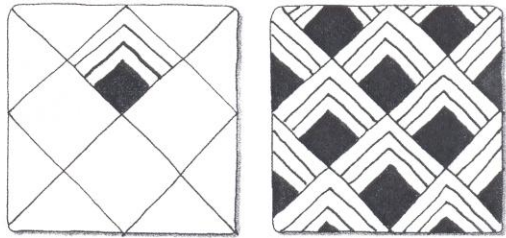
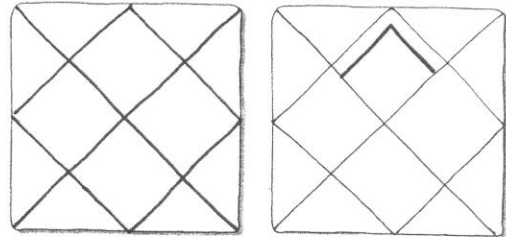
Flying Geese



Web

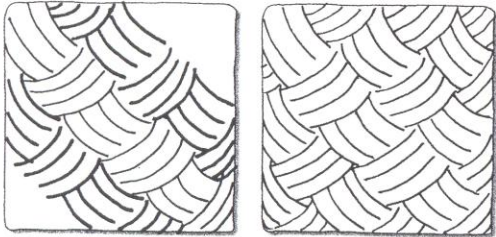
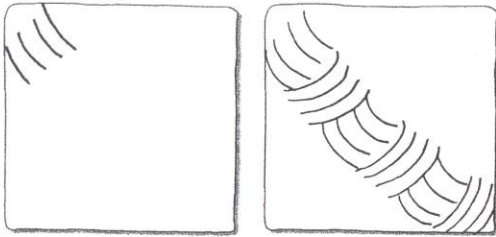


Cross Stitch



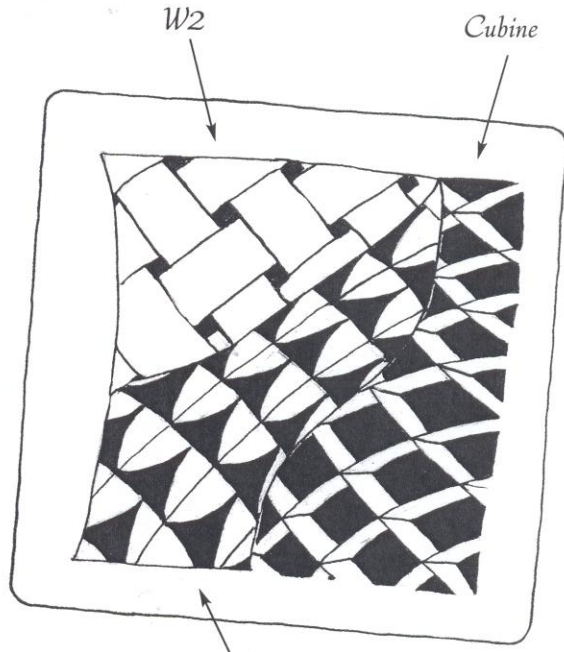
*Flukes**

*original Zentangle design - Variation

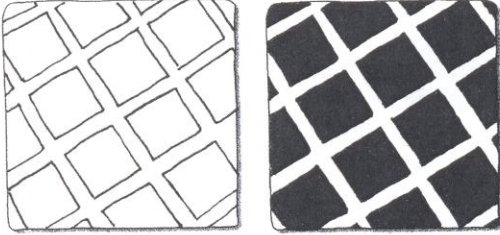
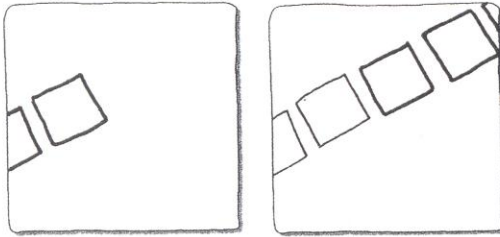


*Keeko**

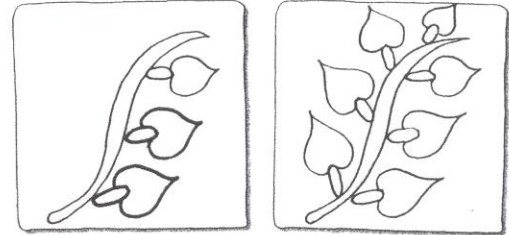
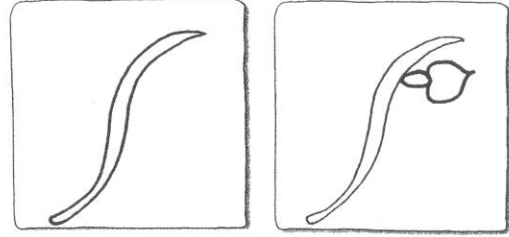
*original Zentangle design



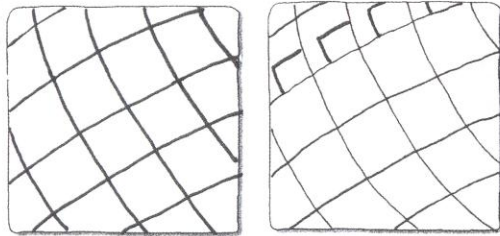
Flying Geese



Squares

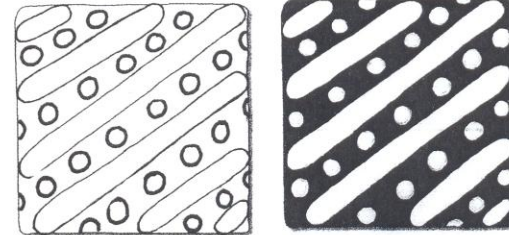
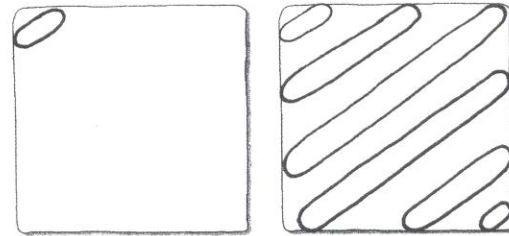


Growth

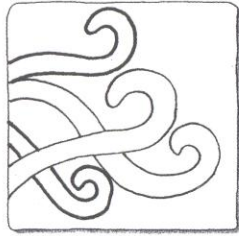
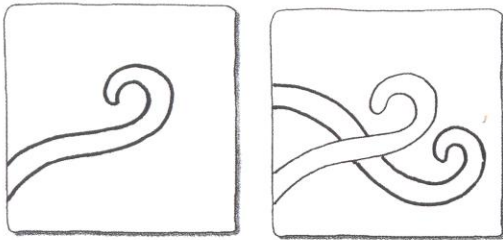


*Cubine**

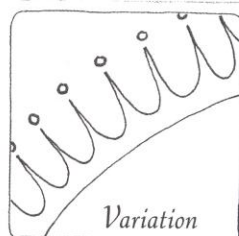
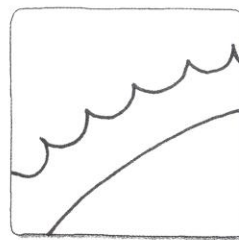
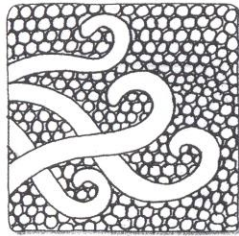
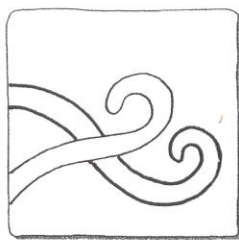
*original Zentangle design



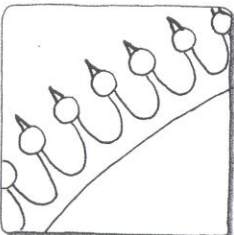
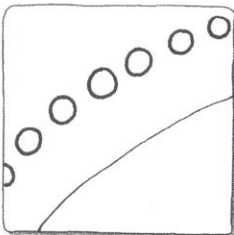
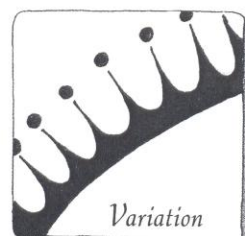
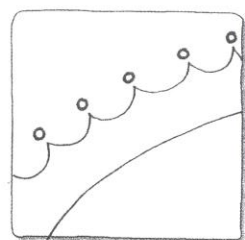
Corn Rows



Swirls



Queen's Crown



King's Crown

